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## 6.9 Handwashing Policy

### Policy statement

Hand washing is very important for both the children and staff at Broadhill Preschool. Hand washing is the single most important measure for preventing the transmission of infection.

We help to support the children's understanding of the importance by displaying posters and talking about this.

### Procedures

- The staff wash their hands before handling food, after using the toilet, after changing a nappy and when coming in from the garden.
- The children wash their hands when they first arrive.
- The children will wash their hands before snack and lunch.
- The children will wash their hands after using the toilet.
- The children wash their hands when they come in from the garden.
- The children wash their hands after messy play.
- The staff will support the children, to ensure the children wash their hands thoroughly.

### Technique

- Push up their sleeves / an adult will support if necessary
- Wet hands with water
- Apply enough soap to cover your hand
- Rub hands together
- Use one hand to rub the back of the other hand and clean in between fingers. Do the same on the other hand

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- Rub the back of your fingers against your palm, do the same with the other hand
- Rub your thumb using the other hand, do the same with the other thumb
- Rub the tips of your fingers on the palm of your hand. Do the same with the other hand
- Rinse your hands with water
- Dry your hands completely with a disposable towel

[How to wash your hands - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Even though the Pandemic has passed we have continued with our thorough Hand Washing routines.

[Public information campaign focuses on handwashing - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

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